

Danielle Sibbons

Occupational Therapist

Danielle is a passionate Occupational Therapist who takes a strengths-based, neuro-affirming and person-centred approach to supporting children, adolescents and adults to achieve their goals. She values building meaningful relationships and believes therapy should be collaborative, engaging and tailored to each individual's unique strengths and needs.

Danielle has a particular interest in sensory modulation, behavioural and emotional regulation, interoception, psychosocial wellbeing and mental health. She enjoys supporting school-aged children, adolescents and adults to develop practical strategies, build confidence and participate more fully in everyday life.

Committed to creating a welcoming and supportive environment, Danielle strives to help individuals feel understood, empowered and celebrated for who they are.

Outside of work, Danielle loves travelling and exploring Australia, with a goal of ticking off new destinations every year. She enjoys 4WD adventures, camping and baking sweet treats to share with family, friends and colleagues.

