Nyle Joy

Occupational Therapist

Master of Occupational Therapy

Nyle is a passionate Occupational Therapist who enjoys supporting both children and adults to build confidence, develop skills, and achieve meaningful goals. He takes a strengths-based, neuro-affirming, and person-centred approach, working collaboratively with individuals and their support networks to create therapy that is engaging, practical, and tailored to their unique needs.

With a friendly and encouraging nature, Nyle values empowering people to participate more fully in the activities that matter most to them. He is committed to creating a supportive environment where strengths are celebrated, challenges are approached with confidence, and progress is recognised along the way.

Nyle speaks fluent English & Malayalam, and can also converse in some Hindi & Tamil, allowing him to support & connect with families in the language they feel most comfortable.

Outside of work, Nyle enjoys staying active through fitness and training, experimenting with new recipes in the kitchen, and spending quality time with his girlfriend. His positive attitude, dedication, and enthusiasm shine through in both his personal life and his approach to therapy.

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