RoseKollias

Registered Play Therapist & Counsellor

Masters of Counselling (current), Bachelor of Psychology, Graduate Certificate in Child-Centred Play Therapy, Graduate Certificate in Counselling.

Rose is a play therapist and counsellor who works from her playroom at our Plympton Park clinic. She is also the creator of a range of play therapy resources and the President of the Play Therapy Practitioners Association (PTPA), the national association for play therapy practitioners.

Rose describes herself as “neurosparkly.” Like many of the children she works with, she grew up trying to make sense of a brain that worked differently and emotions that felt very big. That lived experience is at the heart of her work. Alongside her clinical training in psychology, play therapy and counselling, it helps her support children and their families to understand, accept and celebrate what makes them sparkle.

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Rose is continually amazed by the quiet power of play therapy, and by the courage, growth and resilience she sees in the children and families she works with, often during some of the hardest seasons of their lives. For Rose, being part of that journey is a genuine joy.

Outside the playroom, Rose is married into a Greek family and shares her home with two ragdoll cats, Monty and Lulu. She loves hobby-hopping between hiking, rollerblading, horse riding, reading, art, travel and learning Greek.

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